

## References

- VanFrank, B., Malarcher, A., Cornelius, M. E., Schecter, A., Jamal, A., & Tynan, M. (2022). Adult smoking cessation – United States, 2022. *Morbidity and Mortality Weekly Report*, 73(29).
- Chaiton, M., Diemert, L., Cohen, J. E., Bondy, S. J., Selby, P., Philipneri, A., & Schwartz, R. (2016). Estimating the number of quit attempts it takes to quit smoking successfully in a longitudinal cohort of smokers. *BMJ Open*, 6, e011045.
- Huddlestone, L., Shoesmith, E., Pervin, J., Lorencatto, F., Watson, J., & Ratschen, E. (2022). A systematic review of mental health professionals, patients, and carers' perceived barriers and enablers to supporting smoking cessation in mental health settings. *Nicotine & Tobacco Research*, 24, 945–954.
- Rojewski, A. M., Bailey, S. R., Berstein, S. L., Cooperman, N. A., Gritz, E. R., Karam-Hage, M. A., Piper, M. E., Rigotti, N. A., & Warren, G. W. (2019). Considering systemic barriers to treating tobacco use in clinical settings in the United States. *Nicotine & Tobacco Research*, 21(11), 1453–1461.
- Zale, E. L., Ditre, J. W., Dorfman, M. L., Heckman, B. W., & Brandon, T. H. (2014). Smokers in pain report lower confidence and greater difficulty quitting. *Nicotine & Tobacco Research*, 16(9), 1272–1276.
- Jamal, A., Park-Lee, E., Birdsey, J., West, A., Cornelius, M., Cooper, M. R., Cowan, H., Wang, J., Sawdey, M. D., Cullen, K. A., & Navon, L. (2024). Tobacco product use among middle and high school students—National Youth Tobacco Survey, United States, 2024. *Morbidity and Mortality Weekly Report*, 73(41), 917–924.
- Cornelius, M. E., Loretan, C. G., Jamal, A., Davis Lynn, B. C., Mayer, M., Alcantara, I. C., & Neff, L. (2023). Tobacco product use among adults – United States, 2021. *Morbidity and Mortality Weekly Report*, 72(18), 475–483.
- Bandura, A. (1986). *Social foundations of thought and action: A social cognitive theory*. Prentice Hall.
- Elshatarat, R. A., Tacoub, M. I., Khraim, F. M., Saleh, Z. T., & Afeneh, T. R. (2016). Self-efficacy in treating tobacco use: A review article. *Proceedings of Singapore Healthcare*, 25(4), 243–248.
- Smit, E. S., Hoving, C., Schelleman-Offermans, K., West, R., & de Vries, H. (2014). Predictors of successful and unsuccessful quit attempts among smokers motivated to quit. *Addictive Behaviors*, 39(9), 1318–1324.
- Gwaltney, C. J., Metrik, J. M., Kahler, C. W., & Shiffman, S. (2009). Self-efficacy and smoking cessation: A meta-analysis. *Psychology of Addictive Behaviors*, 23(1), 56–66.
- Collins, B. N., Lepore, S. J., Winickoff, J. P., & Sosnowski, D. W. (2020). Parents' self-efficacy for tobacco exposure protection and smoking abstinence mediate the treatment effects on child cotinine at 12-month follow-up: Mediation results from the Kids Safe and Smokefree trial. *Nicotine & Tobacco Research*, 22(11), 1981–1988.

Hopkins, P. D., Spears, C. A., Hoover, D. S., Li, L., Cambron, C., Potter, L. N., Cincirpini, P. M., Lam, C. Y., & Wetter, D. W. (2022). Trajectories of motivation and self-efficacy during a smoking quit attempt: An ecological momentary assessment study. *Psychology of Addictive Behaviors, 36*(1), 78–89.

Kadden, R. M., & Litt, M. D. (2011). The role of self-efficacy in the treatment of substance use disorders. *Addictive Behaviors, 36*(12), 1120–1126.

Lepore, S. J., Collins, B. N., & Sosnowski, D. W. (2019). Self-efficacy as a pathway to long-term smoking cessation among low-income parents in the multilevel Kids Safe and Smokefree intervention. *Drug and Alcohol Dependence, 204*, 107499.

Miller, W. R., & Rollnick, S. (2023). *Motivational interviewing: Helping people change and grow* (4th ed.). The Guilford Press.